



# SPORTS IN THE VINEYARD

Nordic walking through the vineyards

Street golf™

Guided tour in Monferrato

A gym in the grapevine

Horseback riding through the vineyards

Yoga in the vineyard



## Nordic walking through the vineyards: learning on foot

Touch by hand what really happens to make an excellent glass of wine while walking through the vineyard. It's a chance to understand how much it takes and, above all, to realize how much passion and care are needed to create high class products. After a "tough day", a good glass of wine will be waiting for you to quench your thirst.



## Street golf™

Everyone can play Street Golf™, a different version of the classic Golf game. The game remains the same, but this time you must put the ball in quite particular holes along the vineyard.

## Guided tour in Monferrato

The tour starts from the cellar on a normal or on an electric pedal-assisted bike. You could also ride a Vespa or drive a vintage Fiat 500. The tour then is followed by a visit to the cellars and wine tasting.

## A gym in the grapevine

Exercising in the vineyard combines three great company passions: the love for wine, the gratitude towards the land and the guaranteed benefits of doing sports activities.

## Horseback riding through the vineyards

You can ride a horseback ride through the grapevines escorted by an experienced guide and learn all about winemaking according to the Hic et Nunc approach. Then, have a snack in the vineyard.



## Yoga in the vineyard

For those who want to take a break from the everyday hustle and bussle and spend a quiet moment to relax and visit the winery.